

Supportive Units

Maintain the lifestyle you want by sustaining your independence!

Lifestyle and Service Options

The Peninsula Manor Supportive unit has plenty of different service options available to allow us to suit your needs to live independently. You will have full use of our social and recreational events to add to your active lifestyle. In addition to this, you will have a wide selection of our A La Carte services to help you live independently. All of these services can be individually tailored to your needs!

Some Enhanced Care Options include:

- Medication Reminders, Pill pick-ups
- Refreshing of your suite and bathroom once per week
- Assisted Laundry Service
- Dinner Meal service
- Rise & Shine Service; a good morning support to prepare for the day with clothing exchange management and some light personal grooming
- Restore & Retire Service; includes support to prepare for a solid's night rest with personal grooming and clothing exchange management
- Personal Hygiene; shower/bath assistance whenever you need a little extra support
- Recreational services; heading out for coffee with friends and need some assistance? We can do that as well as activities and programming options available directly at Peninsula Manor
- Grocery Service; have us take you out for your groceries or we can pick up your items for you